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Man Sentenced to 14 Years in Prison After Strangulation and Sexual Abuse Guilty Verdict



ALBANY, NY- District Attorney P. David Soares announced today that JASON HOWARD, 26, of Amsterdam, NY, was sentenced to 14 years in State Prison, to be followed by 13 years of Post Release Supervision, before the Honorable Thomas A. Breslin in Albany County Supreme Court this morning. HOWARD will also be mandated to register as a Sex Offender upon release from custody.

On January 9, 2017, HOWARD was found guilty after a jury trial of (1) Count of Strangulation in the Second Degree, and (1) Count of Sexual Abuse in the First Degree, both Class D Violent Felonies.

The jury returned a verdict finding HOWARD guilty of an assault of a female victim while inside a residence located on Green Street in the City of Albany on December 26, 2015, at approximately 9:00 A.M. The jury concluded that HOWARD engaged in forcible sexual activity with a female individual who was known to him, and that during the encounter HOWARD applied pressure around the neck of the victim, causing physical injury.

Assistant District Attorney Caroline Murray of the Special Victims Unit prosecuted this case.

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